



# SAINT JAMES PARISH

ARLINGTON HEIGHTS



**So be imitators of God, as beloved children, and live in love, as Christ loved us.**

**(Eph 5:1-2)**

For more photos and content follow St. James on social media!

**AUG. 11**  
**2024**

*BE DISCIPLES OF CHRIST.  
MAKE DISCIPLES OF CHRIST.*

NINETEENTH SUNDAY IN ORDINARY TIME

# PASTOR'S MESSAGE

## Today's Readings

### First Reading:

He got up, ate, and drank; then strengthened by that food, he walked forty days and forty nights to the mountain of God, Horeb.

(1 Kgs 19:8)

### Psalm:

Taste and see the goodness of the Lord.

(Ps 34)

### Second Reading:

So be imitators of God, as beloved children, and live in love, as Christ loved us.

(Eph 5:1-2)

### Gospel:

"I am the living bread that came down from heaven; whoever eats this bread will live forever; and the bread that I will give is my flesh for the life of the world."

(Jn 6:51)



"The OCIA (formerly RCIA) process is for anyone who wishes to explore the Catholic faith in depth."

*No one can come to me unless the Father who sent me draw him, and I will raise him on the last day.*

*Everyone who listens to my Father and learns from him comes to me. Not that anyone has seen the Father except the one who is from God; he has seen the Father.*

*I am the living bread that came down from heaven; whoever eats this bread will live forever; and the bread that I will give is my flesh for the life of the world.*

These statements of Jesus in the sixth chapter of John's Gospel tell us what the mission of Jesus was and is. It is to reveal the Father to us, and to reconcile the world with God the Father – to repair the grave damage caused by Original Sin.

These statements also make very clear to us what the mission of the Church is: to preach Jesus to the world, that the world may come to salvation and eternal life.

One of the important ways we carry out this mission is through the OCIA (Order of Christian Initiation of Adults), formerly called RCIA. This process is for anyone who wishes to explore the

Catholic faith in depth, through weekly sessions delving into such topics as who God is, who is the Person of Jesus, the Bible, Apostolic Tradition, teaching authority of the Church, Church history, the sacraments, Christian moral living, prayer, and other subjects.

OCIA will begin on Tuesday, September 17 and continue until Easter, when those who feel the Lord's call to enter the Catholic Church are baptized and confirmed, make a Profession of Faith, and receive the Lord in Communion for the first time. (Some who are already baptized in another Christian communion are not "re-baptized," and those from an Eastern Orthodox tradition are already baptized and confirmed).

If you or someone you know are interested in exploring the Catholic faith in OCIA, please contact me. I would be delighted to meet with you and tell you more about the process.

God bless you,

Fr. Ed





# St. James

## CHILDREN AND YOUTH FORMATION



# CALLING ALL FIRST GRADERS!

The sacraments of First Holy Communion and Reconciliation are typically received in 2nd Grade.

These sacraments require a two-year preparation period.

**Register by August 12**



[STJAMESAH.ORG/CHILDREN-FORMATION/](http://STJAMESAH.ORG/CHILDREN-FORMATION/)



THIS MONTH

# THE ASSUMPTION

*of the Blessed Virgin Mary*

Thursday, August 15

**HOLY DAY OF OBLIGATION**

**Mass Times**

**7:30 a.m.**

**Noon**

**7:00 p.m.**



SAINT JAMES PARISH  
ARLINGTON HEIGHTS

# CHILDREN'S CHOIR

REGISTRATION

**SPOTS AVAILABLE FOR:**  
**CHILDREN'S CHOIR - GRADE 2-4**  
**CELESTIAL VOICES - GRADE 5-8**



[stjamesah.org/youth-choir-registration](http://stjamesah.org/youth-choir-registration)

**UNSPOKEN**  
with **JJ WEEKS**

Friday, October 4, 2024  
SAINT JAMES PARISH  
ARLINGTON HEIGHTS





**GO**  
PROMOTERS

**03 SEPT**  
**DINNER**  
**AT 5PM**

**FORMATION**  
**TO FOLLOW**

**LEARN**  
**MORE**  
**HERE**





[STJAMESAHL.ORG/ENCOUNTER/](http://STJAMESAHL.ORG/ENCOUNTER/)

EVERY TIME YOU APPROACH THE BLESSING SACRAMENT, REMEMBER THAT JESUS HAS BEEN  
**ENCOUNTER**  
WAITING FOR YOU FOR TWENTY CENTURIES FOR YOU TO ENCOUNTER HIM FROM YOU

SACRED SOUNDS:

# Bach & Vivaldi

*in Concert*

**NOW**  
**STREAMING**

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 [bit.ly/stjamesmusic-pandora](https://bit.ly/stjamesmusic-pandora)







Jesus, the  
bridegroom,  
invites the  
Church, His  
bride, to this  
eternal feast.

19th Sunday of Ordinary Time | Year B Gospel of John 6:41-51

Unlike many Protestant churches, we Catholics “always have communion.” Mass is offered every day, because it is essential to our faith. For humans, eating is more than sustenance; it's a vehicle for love and friendship. Meals hold deep significance as forms of love, as seen in family gatherings and Jesus' table fellowship. Moreover, when we eat, the food becomes part of us. The connection between food and love can especially be seen in marriage. When a man and woman desire to be permanently united, they marry. That loving union is expressed very specially in the consummation of the marriage.

Throughout the New Testament, heaven is described as a marriage feast, symbolizing the union of God and man in Jesus Christ. Jesus, the bridegroom, invites the Church, His bride, to this eternal feast. We reach heaven by partaking in the Eucharist. This analogy underscores the connection between loving and eating, revealing the depth of Jesus' statements like, "I am the bread of life." There's no guarantee we'll reach heaven, as love cannot be forced. We must accept God's invitation and remain faithful. The Eucharist is our sustenance for this journey, uniting us with Christ. At Mass, bread and wine become Christ's presence, empowering us to stay close to Him and journey towards heaven. Thus, we always have communion to unite with Christ and be strengthened in our faith.

Reflection Questions:

1. How does the analogy of a marriage feast deepen your understanding of the Eucharist and its significance in your spiritual journey?
2. In what ways can you more intentionally embrace the idea that meals, especially the Eucharist, are acts of love and unity with Christ and others?
3. Reflect on a time when participating in the Eucharist strengthened your faith. How can you carry that sense of unity and sustenance into your daily life?

# beloved by God

YOUNG ADULT DAY RETREAT CONFERENCE

OCT 12, 2024  
7:30AM-1PM

St. James Arlington Hts | Ages 18-39  
Early Bird Registration Until Sept 8 | \$25  
Regular Registration | \$30

SPEAKERS:  
DEACON KEITH STROHM  
& SR. LAURA TOTH, FE



Sign Up Here



[stjamesah.org/ya-retreat/](http://stjamesah.org/ya-retreat/)



The Order of Christian Initiation for Adults (OCIA) is the process by which adults can come into the Church.

OCIA is for: those inquiring about the Catholic Church, those who have decided to become Catholic from another Christian tradition, and those baptized Catholic who never received religious education.

OCIA begins meeting in the fall and culminates at the Easter Vigil as participants receive the Sacraments of Baptism, Confirmation, and Eucharist.

For more information, please contact Fr. Ed Pelrine 224.345.7222 | [frpelrine@stjamesah.org](mailto:frpelrine@stjamesah.org)





# ADULT MISSION TRIP

# Mexico City

**SEPTEMBER 25-29, 2024**

**SIGN UP TODAY!**



[stjamesah.org/adult-mission-trip](http://stjamesah.org/adult-mission-trip)



**Tuition Assistance Program**  
**ST. JAMES SCHOOL**



We continue to accept donations towards our SJS Tuition Assistance Program (TAP) to ensure every student has the opportunity for a Catholic Education. Your support is crucial to prevent any interruption in funding for our students. Every contribution counts! To donate, please scan QR code or visit [www.StJamesAH.org/sjs-tap](http://www.StJamesAH.org/sjs-tap). Thank you for your support.

Join us for

# HOSPITALITY WEEKEND

**in the Laramie Room**  
**AFTER SUNDAY MORNING MASSES**  
**for coffee & donuts!**

3rd Sunday of Each Month



# DON'T FALL BEHIND

STAY CURRENT WITH THIS WEEK'S EVENTS  
AND WHAT'S COMING UP AT ST. JAMES

SCAN HERE TO  
JOIN OUR EMAIL LIST





## TEENS



All middle and high school students are invited to join us for our weekly nights in youth ministry with EDGE and Life Teen. Our youth will gather together to learn to be who it is God created them to be. For more information about EDGE and Life Teen, please scan the QR code below.



### EDGE

Confirmation Prep  
Grades 6-8  
Sundays 3-4:30PM



### LIFE TEEN

Grades 9-12  
Sundays 6-8PM



REGISTER TODAY!

<https://www.stjamesah.org/children-and-youth/>

# OUR PRAYERS & INTENTIONS

## In Loving Memory

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Anna Cornelius  
Peter Dolder  
Maria Sottile  
Dolores Hathaway

## Please pray for our sick

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Norine Naselli

## Rose for Life

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Marilee Cripe in loving memory of her son, Stephen on the fifth anniversary of his death

## Wedding Banns

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- II. Kyle O'Connell and Kelly Mitchell (August 24)  
I. Greg Suarez and Lizzy Reilly (August 16)

## Recent Baptisms

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**Charles Tucker Nelson**, child of  
Brent Nelson and Cheryl (Geniesse) Nelson  
**Kayla Morgan Barr**, child of  
Ryan Barr and Lindsay (Schnepel) Barr  
**Cooper Erwin Prokuski**, child of  
Stefan Prokuski and Kaitlin (Haderspeck) Prokuski  
**Emma Helen Bradford**, child of  
Alan Bradford and Nicole (Fura) Bradford  
**Luca John Bompreszi**, child of  
Victor Bompreszi and Jacqueline (Rosignal) Bompreszi

## Celebrant Schedule, August 17-18

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5:00 Fr. Paul  
7:00 Fr. Ed  
8:30 Fr. Ed  
10:00 Fr. Michael  
11:30 Fr. Michael  
5:00 Fr. Paul

## Readings for the Week of August 11

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**Sunday:** 1 Kgs 19:4-8/Ps 34:2-3, 4-5, 6-7, 8-9 (9a)/Eph 4:30-5:2/Jn 6:41-51  
**Monday:** Ez 1:2-5, 24-28c/Ps 148:1-2, 11-12, 13, 14/Mt 17:22-27  
**Tuesday:** Ez 2:8-3:4/Ps 119:14, 24, 72, 103, 111, 131/Mt 18:1-5, 10, 12-14  
**Wednesday:** Ez 9:1-7; 10:18-22/Ps 113:1-2, 3-4, 5-6/Mt 18:15-20  
**Thursday:** Rv 11:19a; 12:1-6a, 10ab/Ps 45:10, 11, 12, 16/1 Cor 15:20-27/Lk 1:39-56  
**Friday:** Ez 16:1-15, 60, 63 or 16:59-63/Is 12:2-3, 4bcd, 5-6/Mt 19:3-12  
**Saturday:** Ez 18:1-10, 13b, 30-32/Ps 51:12-13, 14-15, 18-19/Mt 19:13-15

## Mass Intentions

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### Sat., Aug. 10

5:00 Marcin Bukowski

### Sun., Aug. 11 19th Sunday in Ordinary Time

7:00 Carey Sheriff  
Mary Chwal  
Aida Cecilia Pacheco  
8:30 Deceased member of Grib Family  
James Burke  
Steven Luke\*  
10:00 Donna Marano  
Juliane Culver  
Angelo Anzalone  
Winnie Coffey  
5:00 For the people of the parish

### Mon., Aug. 12 St. Jane Frances de Chantal, Religious

7:30 Anthony John Viola (2nd Anniv.)  
Elaine Mysza  
John F. Kordek  
12:00 Anthony John Viola (2nd Anniv.)

### Tues., Aug. 13 Sts. Pontian, Pope, & Hippolytus, Priest, Martyrs

7:30 Linda Mackey  
Adelaida Rodriguez  
Leonard Krystal

### Wed., Aug. 14 St. Maximilian Kolbe, Priest & Martyr

7:30 Houlihan & Moran Families  
John O'Neill  
Louise Gehrke  
Edward Gehrke  
12:00 John Velasco  
Stanley & Lorraine Wiczek

### Thurs., Aug. 15 The Assumption of the Blessed Virgin Mary

7:30 Annamma Abraham  
Robert Flood  
Emily Pietrolonardo  
Br. Camillus Dulude, OFM

### Fri., Aug. 16 St. Stephen of Hungary

7:30 Frank & Rosemary Karlovits  
Kevin Houlihan  
Louis Cella  
Belinda Rivera

### Sat., Aug. 17

7:30 Catherine Amato  
Marcin Bukowski  
Meggan McDermott  
Thomas M. Paluch

\*Indicates Living



# PARISH INFORMATION




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by Ministry Brands®

## Ways to get started

- Enroll online at [Faith.Direct/IL859](https://Faith.Direct/IL859)
- Text "Enroll" to 224-313-4345
- Use the QR code for easy donating



**Thank you, St. James Community, for your contributions during July, 2024.**

Sunday Collections 	Budgeted	Actual	Variance
	\$175,366.40	\$181,441.50	\$6,075.10
		<i>Envelopes \$78,938.63</i>	
		<i>e-Giving \$102,502.87</i>	

## PARISH MINISTRIES

**Earth Shepherds** provides opportunities to learn about the relationship between Scripture, Catholic Social Teaching and our responsibility to be stewards of God's Creation.  
[sjearthshepherds@gmail.com](mailto:sjearthshepherds@gmail.com)

**Grief Support Ministry** is about overcoming your grief. Are you struggling with a loss? Having a hard time coping? We meet twice per month. Please email the address below for more details.  
[griefsupport@stjamesah.org](mailto:griefsupport@stjamesah.org)

**Jr. Ambassadors** is a group for all children of St. James to practice their faith in service to others and as an example of our Catholic faith to everyone. Jr. ambassadors act as representatives and promoters of our faith while learning about the Corporal and Spiritual Works of Mercy and Catholic Social Teaching.  
[kcoughlin@stjamesah.org](mailto:kcoughlin@stjamesah.org)

**Loaves and Fishes Ministry** provides lunches for those experiencing homelessness in Chicago's Uptown neighborhood.  
[stjameslandf@gmail.com](mailto:stjameslandf@gmail.com)

**Men of St. James** provides opportunities for Christian fellowship through social, spiritual and service activities for men of the parish at least 21 years of age.  
[msj@stjamesah.org](mailto:msj@stjamesah.org)

**Mental Health Ministry** provides support, education and awareness to our parish communities on issues related to mental health. Strives to provide resources of support, education and hope.  
[tsherva@gmail.com](mailto:tsherva@gmail.com)

**Ministers of Care** bring the Holy Eucharist to parishioners who are unable to leave their homes or are in care homes. Ministry volunteers must complete a mandatory training session and follow Archdiocesan guidelines.  
[ministryofcare@stjamesah.org](mailto:ministryofcare@stjamesah.org)

**Moms Plus** provides support and fellowship to Catholic moms. This group is part of Women of St. James.  
[momsplus@stjamesah.org](mailto:momsplus@stjamesah.org)

**Music Ministry** We strive to create music that is rich with quality, enthusiasm, and participation. Join one of our ensembles to be part of our musical community.  
[tconseur@stjamesah.org](mailto:tconseur@stjamesah.org)

**Over 50 Social Club** provides social outings, game days, cards, speakers, parties, current events/news and spirituality to any parishioner over the age of 50.  
[stecstan@sbcglobal.net](mailto:stecstan@sbcglobal.net)

**PADS Outreach** provides safety, temporary shelter and services to the unhoused.  
[st.james.pads@gmail.com](mailto:st.james.pads@gmail.com)

**Parish Pastoral Council** serves as a representative body of the St. James parish community, guided by the Holy Spirit.  
[PPC@stjamesah.org](mailto:PPC@stjamesah.org)

**Peace & Justice Ministry** educates the faithful on the Catholic social teachings, supports and complements parish ministries and empowers people to transform lives and society, both locally and globally. Meets the last Tuesday of each month.

**Prayer Shawl Ministry** creates a wide variety of shawls for anyone in need of prayers or blessings. We pray as we knit or crochet, and meet on the 3rd Sunday of each month to bless the fruits of our labors.  
[prayershawlministry@stjamesah.org](mailto:prayershawlministry@stjamesah.org)

**Respect Life Ministry** strives to transform society into a Culture of Life where every human being is valued and protected from the moment of conception until natural death.  
[mschoney@astound.net](mailto:mschoney@astound.net)

**Stepping Stones** raises awareness, promotes understanding and prevents relational violence by educating communities and providing referrals to victims and survivors of emotional, financial, physical and sexual abuse. (IL Domestic Violence Helpline: 877-863-6338),  
[steppingstones@stjamesah.org](mailto:steppingstones@stjamesah.org)

**St. Vincent de Paul** provides emergency, short-term financial help for anyone living within the parish boundaries. For information on volunteering for or using this service, call the Parish Office followed by x8517. Please leave a message and one of our volunteers will call you back. All requests kept confidential.

**Women of St. James** provides support to Catholic women who are committed to growing and sharing their faith through sisterhood and service.  
[wosjministryleads@gmail.com](mailto:wosjministryleads@gmail.com)

# Bullying: It's a Big Deal

Although some view it as part of growing up, bullying is a set of unacceptable behaviors that harms victims, bullies AND bystanders. One out of 5 kids is impacted. Nearly 1 in 3 report being harassed digitally. Over five million students regularly miss school due to bullying. Nine out of 10 LGBT students are singled out at school. (1) Girls more often are victimized (24%) than are boys (16%). In fact, a 9th grade white female is the most apt to be targeted and, of 1 in 7 who are “cyberbullied,” the largest number are these same girls. (2)

**Victims** may experience anxiety, fear, low self esteem and confidence, depression and suicidal thoughts; report somatic complaints, exhibit sleep and eating changes; school and social avoidance or changes in school interest and academic performance. Effects can last into adulthood. **Bullies** may lack empathy, be physically aggressive, get into fights, use drugs or alcohol, and leave school early. As adults, they may be abusive to dating or intimate partners or their kids or exhibit other behaviors that lead to arrests and criminal convictions. **Bystanders** may live in fear of retaliation for speaking up or becoming victims themselves.

For their sakes, we need to take bullying seriously and, as Diana Zuckerman writes, “tackle a larger problem in our society: people who flaunt the power they have at the expense of others, and the hesitation of those watching to muster the courage to stop it.” (2)

(1) [www.stopbullying.org/effects-bullying](http://www.stopbullying.org/effects-bullying)

(2) Diana Zuckerman, PhD, “Bullying Harms Victims and Perpetrators of All Ages,” Journal of the Catholic Health Association Health Progress, July-August 2016







## MASS SCHEDULE

Saturday 5:00 pm Praise & Worship Ensemble  
Sunday 7:00 am Cantor and Organ  
Sunday 8:30 am Traditional Choir & Organ  
Sunday 10:00 am Contemporary Choir  
Sunday 11:30 am Contemporary Choir  
Sunday 5:00 pm Praise & Worship Ensemble

### WEEKDAY MASSES

Monday – Saturday, 7:30 am  
Monday and Wednesday at Noon

## PARISH OFFICE HOURS

**Monday-Thursday** 9:00 am - 8:00 pm  
**Friday** 9:00 am - 4:00 pm  
**Saturday & Sunday** 9:00 am - 1:00 pm

## SACRAMENTS & DEVOTIONS

**Baptism** - Please call the Parish Office with preferred date at least one month in advance.

**Marriage** - At least six months prior to your wedding date, please contact the Parish Office about setting a date.

### Sacrament of Reconciliation - in the church

Thursday – 6:00 - 7:00 pm  
Saturday – 8:00 - 9:00 am following daily Mass

**Holy Hour** - Thursday 6:00 - 7:00 pm in the church for procession of the blessed sacrament, evening prayer, rosary

**The Perpetual Adoration Chapel** open to the public M-F 6:30 am - 8:30 pm; Sat & Sun 6:30 am - 6:30 pm or 24 hours a day for those with access code.

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## ST. JAMES PARISH AND SCHOOL STAFF

Rev. Edward J. Pelrine, Pastor  
224-345-7222 [frpelrine@stjamesah.org](mailto:frpelrine@stjamesah.org)

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Rev. Bill Zavaski, Pastor Emeritus

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*i live by faith.*  
2 Corinthians 5:7

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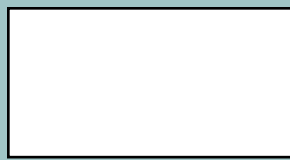
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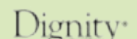
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